

Wishing you a **Happy New Year** filled with love, joy, good health and peace for you, your family and the community.

## Special Events

**Yoga for the Rest of Us** classes will be held on the following dates in **Jan: 7th, 14th, and 28th**. Classes are free and run from **12 noon to 12:45 p.m.**

Our Already formed **Ukulele class** has opted to continue on **Wednesdays @ 1:00** in a series of 4 sessions beginning **Jan.8**. Please pay the \$32.00 registration fee in advance of the first class.

A **NEW Beginners Ukulele** series of 4 classes will also be starting on **Wednesday, Jan. 8** at **2:15**. Each class is one hour. Registration for the block of 4 classes is \$32.00 and should be completed by Jan. 6th

**Yoga Nidra** will resume the usual schedule of the **second** and **fourth Thursdays**.

Begin the New Year with a new **Discussion of Opera**. On **January 14th** Jean Schroeder, our knowledgeable opera discussion leader, will focus the session on the opera "*Porgy and Bess*" which will be broadcast live from the MET in February. These discussions are always popular and well attended, so please be prompt for the presentation running from **10:00 to 11:15 am**.

**Book Discussion:** next session **Jan. 27th @ 1:30 p.m.** "*Number One Chinese Restaurant*" by Lilian Liu will be discussed. Copies of this highly acclaimed novel are available at the MT Library.

There will be no **Spanish Classes** on **Jan. 14** and **Jan. 21**. Classes will resume on **Jan. 28**.

### **Looking ahead:**

**Genealogy instructional classes** will be starting again on **March 16th**. The advanced class will begin at 1:30 p.m. and a beginner class will start at 3:30 p.m.

**Kindly register for events by contacting the Heritage Center office (203-938-9725).**

**We're open:**

**Mon. - Thurs. 8:30 - 5:00**

**Fridays 9:00 - Noon**