

# HERITAGE CENTER: SEPTEMBER

				FRI 9/3 Heritage Center Closed Mark Twain Library Book Fair
<b>6</b> Heritage Center Closed  Mark Twain Library Book Fair	<b>7</b> Heritage Center Closed	<b>8</b> Heritage Center Closed	<b>9</b> Heritage Center Closed	<b>10</b> 9:30 Balance (online) 11 TAI JI QUAN
<b>13</b> 9 Beginner Tai Chi  2 Clay	<b>14</b> 9 Fitness to Fit You (online) 10 Advanced Tai Chi (online only) 11 Tai Ji Quan (outside) 12:30 Bridge 4 Yoga Nidra (online)	<b>15</b> 9 Gentle Yoga 10 Sketch, Paint Create 10:30 Current Events	<b>16</b> 9 Fitness to Fit You 10:30 Bartlett Arboretum Tour 10 Quilting 12:30 Bridge 1 Yoga for the Rest of Us <b>*NEW*</b>	<b>17</b> 8:30 Barre <b>*NEW*</b> 9:30 Balance (online) 11 Tai Ji Quan
<b>20</b> 9 Beginner Tai Chi  2 Clay	<b>21</b> 9 Fitness to Fit You 10 Advanced Tai Chi 11 Tai Ji Quan 1:30 Zumba <b>*NEW TIME*</b> 12:30 Bridge	<b>22</b> 9 Gentle Yoga 10 Sketch, Paint Create 10:30 Current Events 1 <b>Strong Skeleton: Bone Health Talk</b>	<b>23</b> 9 Fitness to Fit You 10 Quilting 10:45 Tai Chi 12:30 Blood Pressure Screen 12:30 Bridge 1 Yoga for the Rest of Us	<b>24</b> 8:30 Barre 9:30 Balance (online) 11 Tai Ji Quan
<b>27</b> 9 Beginner Tai Chi  1:30 Talking Books 2 Clay	<b>28</b> 9 Fitness to Fit You 10 Advanced Tai Chi 11 Tai Ji Quan 12-3 <b>Flu Clinic</b> 1 Beg. Art: Sketch <b>*NEW*</b> 1:30 Zumba 12:30 Bridge 4 Yoga Nidra (online)	<b>29</b> 9 Gentle Yoga 10 Sketch, Paint Create 10:30 Current Events	<b>30</b> 9 Fitness to Fit You 10 Quilting 10:45 Tai Chi 12:30 Bridge 1 Yoga for the Rest of Us	<b>10/1</b> 8:30 Barre 9:30 Balance (online) 10-1 <b>COMMUNITY TAG SALE</b> 11 Tai Ji Quan