Redding Park & Recreation

WINTER 2022

www.townofreddingct.org

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# Winter 2022-23 - RCC Open Gym Schedule

**Monday, December 13 – Thursday, April 7**

Currently, fully vaccinated players need to wear masks while indoors at the Redding Community Center except while actually playing. Masks are still required upon entry, while waiting to play, while using the restrooms etc regardless of vaccination status. Masks are required at all times while indoors for both youth and unvaccinated adults (even while playing). These rules are subject to change at anytime. (as of 12/13/21)

In an effort to create a more open Community Center, we have made youth open gym times for grades 5-12 FREE TO ALL RESIDENT YOUTH. We offer two 3 youth only open gym times on our schedule and one combined youth / family time. Students over 18 attending the designated adult gym times must pay the adult drop-in fee. Family gym times on Saturdays and Sundays are also free but parents must be here to play with their children. Saturday’s combined gym time can be used by families and by those in grades 5-12 without a parent.

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<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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<tr>
<td>Indoor Walking Time 11:00-12:00pm</td>
<td>Adult Pickleball 10:00am-12:00pm</td>
<td>Early am Pickleball 7:05-8:35am</td>
<td>Adult Pickleball 10:00am-12:00pm</td>
<td>Indoor walking 12:00-1:00pm No 12/23</td>
<td>Adult Pickleball* 7:45pm-9:45pm Thu March 19</td>
<td>Adult 40+ Basketball 8:30-10:30am</td>
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<tr>
<td>FREE High School/ Middle school Open Gym 5:00-7:00pm Starting March 14</td>
<td>Preschool Open gym 1:00-2:30 No 12/23 -HIS/MS Open Gym 5:30-7:30pm Starting 3/17</td>
<td>FREE High School/ Middle school Open Gym 4:30-6:00pm Starting March 18 5-7pm</td>
<td>FREE Family Only Time 12:00-2:00p</td>
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<tr>
<td>Open Volleyball All ages (11- Adult) 7:30-9:30PM</td>
<td>Adult Open Basketball 18+ 7:30-9:30PM March 16</td>
<td>Adult Pickleball 7:30pm-9:30pm Starting March 16</td>
<td>Adult Open Basketball 18+ 7:30 - 9:30pm</td>
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**The RCC Gym will be closed on: Friday and Saturday 12/24-25 and 12/31-1/1**

**Added Youth / Family Times for Winter Breaks 12/27, 12/30, 1/17, 2/19, 2/21 12-5PM**

### Daily Fees
- Resident Youth: **FREE**
- Non-resident Youth: **$7.00**
- Resident Adult: **$7.00**
- Non-resident Adult: **$10.00**

### Unlimited Use Passes
- Resident Adult: **$40.00**
- Non-Resident Adult: **$80.00**

-All participants in open gym programs are expected to conduct themselves in a cordial, respectful and non-violent manner. The town will not be held responsible for any medical costs incurred by the participant. Should the site supervisor need to remove a participant for any reason, they will lose their open gym privileges. Open time is designed for people to come down and find people to play with and therefore organized teams are not permitted to use this time as practice.
Park and Recreation Commission
Celebrating 50 Years, 1971 to 2021
Chairperson – Kevin Jones
Mitch Edwards Mary Lou Carlson
Pete Graziano Lorcan O’Connor
Tami O’connor Kim Becker

Park and Recreation Staff
Robert Blick, Director
Tracie Bozzuti, Administrative Assistant
Laura Anderson, Director of Recreational Programs
Mary Jo Dix, Director of Extended Day Programs
Michelle Waring, Program Coordinator

Redding Park & Recreation Mission Statement
The mission of the Redding Park and Recreation Department is
to provide recreational opportunities for Redding residents,
through the maintenance of our park and the development of
sports and recreational programs.

Office Information
The Park and Recreation Department office is located in the
Redding Community Center at 37 Lontown Road behind the
Redding Elementary School. The office is open Monday through Wednesday 8:30 a.m. to 5:30 p.m and Thursdays
8:30-6:00pm. Our phone number is (203)938-2551 and our
Fax is 938-1071. Our general email is parkrec@townofreddingct.org

Inclusion
Redding Park and Recreation programs are inclusive of all
who wish to participate. We do not discriminate on the
basis of race, color, national origin, gender, religion, age
or disability in provision of programs and services.
Individuals with disabilities are encouraged to register for
activities.

The Redding Parks & Recreation Department is
complying with the Americans with Disabilities Act,
Public Law 101-336. The law addresses issues of
accessibility of facilities and programs. Reasonable
program accommodations will be made on a case by
case basis to allow people with disabilities to both
participate in, and benefit from our programs.

The ADA does not require the Town of Redding to take
any action that would fundamentally alter the nature of
its programs or services, or impose an undue financial or
administrative burden.

If you need an accommodation, please contact us well in
advance so that we can begin the process of making our
programs available to all.

How do I register for programs?
Registering in the traditional manner requires a registration
form and form of payment at the time of registration. Some
registration forms are included in this brochure such as our
regular program registration form. All other “special
registrations forms” are available at our offices or are online at
www.townofreddingct.org

Payments may be in the form of cash, check or credit card
(Visa, Mastercard, American Express or Discover). Due to
heavy seasonal volume, credit card numbers must be written
on the forms for us to process later. No phone registrations
will be accepted during peak period. They are in a safe an get
shredded as soon as we process them.

TO REGISTER ONLINE go to Park and Recreation’s page
off the town website (townofreddingct.org) and click on the
link to register online. If you have any problems registering
online for any program, please call us and we’ll help you get
registered for your favorite programs.

Another convenient way for you to sign up for programs
would be to fax in your form (938-1071) with the credit card
information on it. Another option for those of you who can’t
get into the office would be to either mail it or drop the form
in our green drop box near the gym entrance side of the
Community Center. Just be sure to attach your check or write
in the credit card information.

When should I enroll?
You should enroll as soon as possible. For most programs to
be conducted, a minimum enrollment must be reached. In
addition, there is usually a maximum enrollment based on the
facility size and the instructor’s requirements. Many of our
popular programs fill up. Registration is always on a first
come, first served basis. Register early to avoid being closed
out of an activity or us being forced to cancel an activity!
ONLINE registration often is shut off a day or two before the
program starts but we can take registration for some non-camp
programs over the phone except during peak times.

-You may register for all programs as soon
as you have received this brochure.

How will I know if I got into a class?
We do not send or call with confirmations unless you register
online. We will only call you if you did not get into a class or
if the class didn’t reach the minimum enrollment necessary to
run the class. We will try to call at least 2 days in advance if
we have to cancel a class. If more notice is required by you,
feel free to call us to see how enrollment is doing. Most
classes have limited enrollment and may also fill. If so, please
ask to be placed on a waiting list. We may be able to form a
new class if enough people are interested and there is enough
space to do so.

Can Non-Residents attend programs?
Yes. There is no additional fee for classes or camps. There
ARE varied fee structures for some of our programs such as
open gyms and Topstone Park admission. Non-residents must
wait to register for summer camp 1 week after registration
begins for residents.
Is there a discount for seniors?
Residents 60 years of age and over are entitled to a 50% discount on most programs except trips, or passes or unless otherwise stated. We are not responsible for any misprint or error regarding prices or senior discounts.

What is the returned checks fee?
If a check is returned to the Park and Recreation Department for any reason, there will be a $25.00 service charge assessed.

What is your department's credit/refund policy?
1. Any credit that might be issued will be applied to your household and may be used towards another Park & Recreation program. There is no time limit to use this credit.
2. There will be no refunds unless specifically requested.
3. A full refund/credit will be given if the program is canceled by the Park and Recreation Department prior to the program's start.
4. A refund/credit for the amount of the program (less a 10% processing fee) will be given when an individual withdraws from a program at least one week prior to the program's printed starting date. When withdrawal occurs less than a week before the program starts, only 50% of the fee can be credited.
5. After a class starts, no credit will be given.
6. Credits or refunds for trips and special events will only be issued if a waiting list exists and the spot can be filled. The refund will be limited to 90% of the program fee.
7. **Separate credit policies exist in our before and after school programs as well as our summer and vacation camps. Please look for our policies on those special registration forms or handbooks.**

How do I find out if programs are canceled due to inclement weather?
Light rain, snow or drizzle does not automatically cancel classes. If there is a question as to whether class will be held or not, call the Park and Recreation Cancellation line at 938-5036 and select voice mail option #3. The voicemail will have cancellations listed at least 30 minutes prior to the class time. However, decisions are often made earlier.

What happens if a class is right after school at RES or RCC?
Parents should contact the school through the School Dismissal Manager (SDM) each day. Please indicate "the class title" (not the location) This is required by RES allowing the child to go to Park and Recreation classes at 3:00pm or 3:15pm. Please do not indicate Walker's Room unless you are picking up your child or they are not attending class (see next section).

Children in grades 1-4 walk themselves to the Little Gym (or the class location if the class is indoors at RES) after it is announced that Park and Recreation Class participants should go to their location. Instructors walk the children to the tennis courts or to the Community Center. We will always pick up kindergartners at their classrooms and walk them to our classes.

Do you provide transportation from JRMS?
Yes we do, but for Park and Recreation classes only. JRMS Students who want to attend our classes may now take a school bus directly to the Redding Community Center. This convenient method of transportation to the RCC should make it easier for busy parents to have their children attend Park and Recreation classes.

Parents will need to send an email first thing in the morning to JRMSnotes@er9.org. They will need to be preregistered in the Park and Recreation class. They will need to indicate the class name, Bus 27 and the location as RCC.

In order to make this run smoothly, we can not accept day of registration for classes and also allow bus transportation from JRMS. We send our class list to the school the day before.

Parents should explain to their child that they are expected to check-in to the Park and Recreation office upon their arrival at the Community Center and will be asked to wait quietly inside the Community Center for a few minutes for class to begin. Because there may be a short delay while students wait before classes begin (without supervision), it is up to each parent to determine if using the new RCC bus is something with which they are comfortable.

Please be sure you email "JRMS notes" FIRST THING IN THE MORNING.

What if my child is not attending a class?
Park and Rec. works closely with the school to ensure the safety of all children. Park and Rec. needs parents to call us if your child will not be at a 3:00pm or 3:15pm class. Please call us by 9:00 AM so that we don't spend time trying to determine where the children are going. If plans change during the day, you should always make separate calls to us and the school and always update School Dismissal Manager.

From the Director......

Well we have finally got back to a close to normal program offerings at the Community Center.

We decided to keep the brochure online for one more season. We hope to print the Spring brochure that features summer camps and Topstone. Expect that to be out by the first week of April.

Park and Recreation welcomes the change of seasons. The cold weather means that indoor activities are in full swing. Our basketball leagues are up and running as are most of our afterschool classes and fitness programs. Much of the gym time is focused on the basketball leagues here in town. On Saturdays, Park and Recreation runs the recreational
league games for 3-8th graders as well as the high school league that has grown to more than 60 players in the last few years. REBA runs the travel leagues, whose games are on Friday and Sundays. We share the schools and the Community Center for these basketball practices.

OPEN GYMS
Many people have been taking advantage of our drop-in open gyms times for basketball, volleyball, Pickleball, soccer or family time. It is great to have the Community Center available to them although space is limited during basketball season.

Our complete line-up of “Drop-In Gym Times” is listed on page 1. The schedule features some free admission times, such as designated “Family” times and free student times for grades 5-12. We also offer three separate adult basketball times; Tuesday and Thursday evenings and Sunday mornings. We also have open volleyball on Monday nights. We also offer Pickleball mid-morning on Tuesday and Thursday as well as Saturday night and early Wednesday mornings.

TRIPS
We also have 5 coach bus trips to NYC and a weekend reserved for our “drive yourself ski weekend” at Smugglers Notch Ski Resort January 28-30. We are heading to New York to see the NY Rangers host the NY Islanders at Madison Square Garden on Friday, April 1. On March 20, we are running a trip to see Six on Broadway. We have a student trip to see Hamilton planned for April 13 and Come From Away on Sunday, June 26. Our trips to see Hamilton and The Music Man are almost sold out. It never hurts to put your name on the waitlist in case someone backs out.

ONLINE REGISTRATION
Signing up for our programs has never been easier with our online registration option. If you are having trouble connecting to your existing account in our system, please contact us. We will get back to you and help resolve the problem so you can take advantage of this convenient 24 hour a day registration option. Once you are connected it is a breeze.

Online registration often closes as we get close to the start date of a program. Please call us if that is the case or you have any problem whatsoever. You may still, of course, browse our website to find information about our programs and special events just as you did before, but now you can conveniently register online as an option.

WEEKLY EMAIL BLASTS
Please take advantage of our weekly email “blast” that keeps you up-to-date on Park & Recreation news. Sign up online for our email blast by clicking on the yellow oval that says, “sign up now” from our main Park and Recreation home page.

We currently have more than 1050 people signed up for this informative news blast. Once on the list, you can forward information you receive to your friends or family, (but your email information will always remain confidential.) Please remember that Redding Park and Recreation programs are available to all, residency is not required. Help spread the word! Invite your friends to join!

REDDING COMMUNITY CENTER
Redding Community Center is now even easier for residents to use since the insurance requirements for individuals have been removed. While groups still need to furnish an insurance certificate, individuals only need insurance if alcohol will be served at their event. We even have an easy way to make that happen too. There is an online, 1 day cert you can purchase. Come down and use the Community Center for your event. It’s roughly $35 per hour plus set up and cleanup time. Check our website, for a more detailed page describing typically available dates and times and an explanation of the application process. Reserve your dates early to be assured of availability.

Birthday parties can also be held at RCC on weekends. You can reserve the Community Center up to a year in advance for a birthday party (although gym use is limited during basketball season.) Contact Rob to schedule your child’s party.

OUTDOOR ICE RINK
Details on the Ice rink can be found on page 14

LYRICS COFFEEHOUSE
Our monthly Lyric’s Coffeehouse series is on hold for this season. We hope to bring it back next winter or perhaps have a few shows at the end of the winter.

We have created a nice coffeehouse feel the last few seasons. Bring a bottle of wine, food and snacks just like you do in the summer at Concerts on the Green. The series showcases singer-songwriters performing their own music in an environment conducive to listening. Be sure to subscribe to the email blast as that is where we would announce late winter added performances.

YOUTH WORKERS
To help students who want to find work and connect with people who need workers our department has an ongoing list of “workers needed” and “workers wanted”. If you or your child puts their name on the list, they can get the updated corresponding list. Just give us a call.

We hope that you choose to use our facilities and sign up for our programs. Remember:… the Benefits of Park and Recreation are Endless!

Get more information on any of our programs from our webpage off of the town website at www.townofreddingct.org

Rob Blick
Director of Park and Recreation
Adult Programs

Our programs do not follow the school cancelation schedule. If there are weather related questions please call the cancelation line, 203-938-5036 X3.

Morning Yoga

A multi-level class that helps to release chronic tension and stress, activate energy and balance, cultivate inner focus and clear awareness both on and off your yoga mat. No two classes will be the same in this fun and creative mix of various yoga traditions. Modifications will be offered to accommodate varying physical needs. Classes include yoga postures, breathing techniques and deep relaxation. Please bring a yoga mat or large towel and a blanket for relaxation. Location: Congregational Church. (corner of Cross Highway & Lonetown Ext.

Activity No: 31113- 1
Date: 1/11/22-4/5/22
Time: 10:30am-12:00pm
Location: Congregational Church
Instructor: Nancy Schur
Fee: $195.00

Activity No: 31113- 2
Date: 1/6/22-4/7/22
Time: 10:00-11:30am
Location: Congregational Church
Instructor: Nancy Schur
Fee: $210.00

Evening Yoga

Hatha yoga begins with learning the art and science of yoga postures. The method of study is orderly and progressive and the postures are adjusted to meet the physical conditions and needs of each student. Strength, coordination, flexibility, stress relief and an increase in well-being are some of the derived benefits.

Location: RCC Community Room
Instructor: Pat Reichart
Activity No: 31113- 3
Date: 1/20/22-4/7/22
Time: 7:00-9:00pm
Location: RCC Community Room
Fee: $240.00

Yoga for Balance

Energize the body and calm the mind. Focus on poses that develop strength, flexibility, and balance. New students are welcome, including those brand new to yoga. Basic poses, more challenging variations, and gentle modifications will be offered. Instructor is Laurie Mayper. Her teaching is a blend of hatha, iyengar-inspired, and Kripalu-inspired styles, so all students find safe alignment and inner well-being. Class focuses on postures, with the basics of breathing, a brief meditative centering, and class ending in brief relaxation. Leave class replenished and stress-free. Laurie is certified in yoga at the 500-hour level. She has training in hatha, yin, restorative, and prenatal yoga, yoga nidra, and has been teaching yoga since 2004. If you have never taken this class before, you may try the first class for free before you register.

Activity No: 31113- 5
Dates: 3/1/22-4/5/22
Time: 6:15-7:30pm
Location: RCC Community Room
Fee: $84.00

Yogalates

Strengthen the core muscles (abdominals and low back) with mat pilates exercises. Develop strength, balance, and flexibility with yoga poses. Combine yoga and pilates, with breath awareness and stress reduction, for a complete workout, and return to your busy day with focus and energy. The yoga in this class focuses on strength and balance, not just stretching to relax. Instructor is Laurie Mayper. Her teaching is a blend of mat pilates and yoga, so all students find safe alignment and inner well-being. Leave class feeling invigorated, stronger, and better balanced. Laurie is certified in yoga at the 500-hour level. She has training in pilates, mat science, pi-yo, traditional and fitness yoga, and has been teaching pilates since 2003 and yoga since 2004. If you have never taken this class before, you may try the first class for free before you register.

Note: This class offers modifications for students who cannot get down on the mat, including exercises seated in or holding onto a chair.

Location: RCC Community Room
Activity No: 31113- 6
Dates: 1/22/22-2/26/22
Time: 9:30-10:30am
No class 2/19
Fee: $70.00

Activity No: 31113- 7
Dates: 3/5/22-4/2/22
Time: 9:30-10:30am
Fee: $70.00

www.townoffreddingec.org 5  (203) 938-2551
Pilates

Pilates is based on the principles of centering, control, fluid movement, breathing and precision. This full-body sculpt workout includes props (Stability balls, Pilates balls, bands, rings, light weights) as well as body weight to improve mobility, flexibility, posture, strength and balance. This class is for participants of all fitness levels. Nancy Ciardullo is your instructor. Nancy has over 15 years of Pilates experience.

Activity No: 31116-4 13 classes
Dates: 1/10/22-4/4/22  Monday
Time: 6:15-7:15pm  Fee: $182.00
Location: RCC Community Room

Total Body Conditioning

A workout for all levels! This class uses resistance bands, body weight, calisthenics, low impact cardio, core and balance training to help build strength and stability. Modifications provided. Bands provided. Please bring yoga mat and a set of light dumbbells. Sara Florio: ACSM certified personal trainer, occupational therapist and holistic nutrition health coach. Location: RCC Community Room
Instructor: Sara Florio

Activity No: 31117-1 12 classes
Dates: 1/13/22-3/31/22  Thursday
Time: 6:00-7:00pm  Fee: $200.00
Location: RCC Community Room

Barre – Tone & Lift

Barre with elements of Pilates, dance, yoga, and functional training. Lengthen and tone using barre and exercise equipment such as mini-balls and small hand weights to sculpt, slim and stretch your entire body. Kristen is the co-founder of Strong on Center. She holds 200 Hour Yoga Alliance certification, Barre Certification, Y12SR 12 Step Recovery Yoga Certification, ISSA personal training certification, IIN Health Coach. Instructor: Kristen McGovern

Activity No: 31116-6 5 classes
Dates: 1/19/22-2/23/22  Wednesday
Time: 6:00-7:00pm  Fee: $110.00
Location: RCC Community Room
No class 2/9

Activity No: 31116-7 6 classes
Dates: 3/2/22-4/6/22  Wednesday
Time: 6:00-7:00pm  Fee: $132.00
Location: RCC Community Room

YoLift - Flexibility & Strength

Using light weights and body-weight exercises, we will synergistically link breathwork with strong, mindful and deliberate functional movements. In this class, we target key areas of the body to build strength & flexibility to live a healthier life with fewer injuries. Kristen is the co-founder of Strong on Center. She holds 200 Hour Yoga Alliance certification, Barre Certification, Y12SR 12 Step Recovery Yoga Certification, ISSA personal training certification, IIN Health Coach.

Instructor: Kristen McGovern

Activity No: 31116-8 5 classes
Dates: 1/19/22-2/23/22  Wednesday
Time: 7:00-8:00pm  Fee: $110.00
Location: RCC Community Room

Activity No: 31116-9 6 classes
Dates: 3/2/22-4/6/22  Wednesday
Time: 7:00-8:00pm  Fee: $132.00
Location: RCC Community Room

Pickleball Open Gym

What is Pickleball? It is a paddle sport taking over the world! It is created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. The USAPA currently estimates there are now over 100,000 players actively playing pickleball. The daily fee is $7 for residents and $10 non-residents. A three month pass for only $40 ($80 for non-residents) can be purchased at the gym. Please reference the Open Gym schedule on page 1 for the many pickleball options.

Golf Lessons

Join the professionals at Golf Quest this fall. These classes are perfect for the beginner or for those looking to improve certain elements of their game. You may bring your own clubs or they will supply them. Of the 72 stations at Golf Quest, 36 are heated so colder weather will not be a factor. Three classes in each session feature irons, woods and "the short game." All classes meet at Golf Quest, 1 Sand Cut Rd., in Brookfield, CT. Ages: 16 and up, Time: 6:00-7:00pm. Fee: $145.00 for 4 classes, No Senior Discount

Adult Novice
Activity No: 31101-1
Dates: 1/3-1/24
Day: Mon.

(203) 938-2551
Six on Broadway

Six is based on the lives of the 6 ex-wives of Henry the XIII. They have an attitude.......Divorced, Beheaded, Died, Divorced, Beheaded, Survived!

Sunday, March 20, 2022
The bus leaves RCC at 10:00am for the 3:00pm show.

23100-2 $105 per person

Hamilton on Broadway

Wednesday, April 13, 2022
Students and their adult chaperones only
These are special student tickets; Adults must be accompanied by a student - Don’t have child? Invite your niece or nephew, grandchild or neighbor!
Bus Leaves RCC at 9:00am sharp for the

23100-1 Students and their chaperones $145

The Music Man on Broadway

This long awaited show opened this past fall stars Hugh Jackman and Sutton Foster!

Sunday, July 24, 2022
Bus Leaves RCC at 10am for a 3pm performance.

23100-6 $150 Mezzanine – Sold out
(get on the waitlist!)

23100-7 $260 Orchestra – limited tickets

NY Rangers vs. NY Islanders

See the blue shirts host the Islanders at MSG from the West Balcony Barstool Seats.

Date: 4/1/2022 Day: Friday
Activity: 23100-3
“West Balcony” barstool seats Fee: $165.00
Family Programs

Redding Family Ski Weekend
Smugglers Notch, Vermont

January 28-30, 2022

Join us for this special Redding family weekend at Smugglers Notch, VT, the number one family ski resort in the east! This is a drive yourself trip. It includes 3 days of lift tickets and all that Smugglers has to offer. Many people drive up Thursday night stay at a hotel and drive the last hour to get three full days of Skiing in. Units come in a variety of sizes for your group of friends. Ben Childs, Group Coordinator at Smugglers, will be glad to describe the units and the unbelievable pricing options for you. The rates vary with how many people go into what size unit. Call Ben at (800) 521-0536 or call Rob Blick for more information.

Family Bingo Bonanza

Join us for some crazy bingo action! This is not your ordinary bingo! We’ll play traditional bingo, plus some crazy versions! Every child will leave with a prize. Children must be accompanied by a parent for this evening. Parents are free but required to play. You must register in advance.

Activity: 33000-1
Dates: 2/9/22 Day: Wednesday
Times: 6:30 – 7:30pm Grades: K-4
Location: RCC Community room
Fee: $6.00 per child

Family Open Gym

This family time is unstructured and allows parents and their children to enjoy time together in a gym atmosphere. Come on down to the RCC this winter on Sundays from 12:00-2:00pm.

Birthday Parties

The Redding Community Center is available for birthday parties. Park and Recreation offers a room to use for youth birthday parties on the weekends. The gym is also available for use during certain designated times. Please call us to reserve your party at least one month before the desired date allowing a few days for us to check availability. Parties may be reserved up to 1 year in advance to guarantee availability. Call Rob Blick at 938-2551 X6 for pricing and availability.

www.townofreddingct.org

Extended Day Program

Extended Day: grades K-4

Extended Day is a safe, familiar environment that offers fun, games, snack, sports, arts, crafts, homework and lots of outdoor play at the conclusion of your K-4th grader’s regular school day and scheduled minimum days. This program meets in the south wing of RES and at the Redding Community Center (RCC). Extended Day concludes at 6:00pm each day.

The program supervision is shared by Director Mary Jo Dix and Program Assistant Michelle Waring. In addition, our counselors are a great group of talented, enthusiastic teens and young adults. Children can be signed up for a regular schedule or occasional attendance as openings exists. Advanced registration is required and is on a first come, first served basis.

Extended Day 2021-22 registration began on July 1, 2021 and is ongoing throughout the school year. Registration packet, "Owner’s Manual" (required reading!) and attendance calendar forms are available in the Park and Rec office at the RCC and online at townofreddingct.org. However, online registration itself is not available currently.

Please call the Park and Rec office (203-938-2551) with any questions you may have or email Mary Jo at mdix@townofreddingct.org

Days: Every regular and scheduled early dismissals day
Time: The close of school until 6:00pm
Location: South wing of RES and Redding Community Center (RCC)
Registration fee: $30
(one time per school year for each child)

Daily attendance fees:

<table>
<thead>
<tr>
<th>Regular school days</th>
<th>Scheduled Early Dismissal Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:50- 6:00.... $21</td>
<td>12:50-4:00.... $22</td>
</tr>
<tr>
<td>12:50-6:00.... $29</td>
<td></td>
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</tbody>
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(203) 938-2551
Preschool Programs

Preschool Open Gym

This is an unstructured play time for you and your children. We will supply all the “fun stuff” you supply the energy! Reference the Open Gym schedule for more information.

Tumbling Fun

Each Tumbling Fun class taught by Deatra Nocito will include a warm-up activity, stretching, a gymnastics circuit and a closing game. Students will learn basic beginner tumbling skills with games and activities that will build strength, balance and agility. We ask caregivers to wait during the class outside the gym for potty breaks and other preschool nuances. Ages: 3-5, children MUST be 3 before the first class of the session.
Location: RCC Gym

Session 1
Activity No: 32108-1
Dates: 1/10/22-2/28/22
Time: 9:00-9:45am
No Class: 1/17, 2/21
Location: RCC Gym

Activity No: 32108-1
6 classes
Mondays
Fee: $78.00

Session 2
Activity No: 32108-2
Dates: 3/7/22-4/4/22
Time: 9:00-9:45am
Location: RCC Gym

Activity No: 32108-2
5 classes
Mondays
Fee: $65.00

Music Together of Greater Danbury, LLC

Join us for the Drum Song Collection this Winter!
This upcoming session, your little ones will love jumping and hiding in “John the Rabbit” and “Sneak and Peek.” You'll all be mesmerized by the beautiful lullaby, “Arroró, mi niño” and enjoy the catchy rhythms of “Jim Jam Drummer.” In addition to ten weekly classes, tuition includes audio recordings to play at home and on the go, a colorful illustrated family songbook, and resources with bonus music-making ideas to try at home.

Music Together of Greater Danbury Home Page
https://mtdanbury.com/index.aspx

Registration is directly through Music Together of Greater Danbury
https://mtdanbury.com/register.aspx

For more information contact: Director; Don O'Keefe   Director@MTDanbury.com

Ages: Birth – Five
Dates: 1/19/22-3/23/22
Time: 11:30am-12:15pm
Location: Redding Community Center gym
Fee: $275.00

Youth Programs

PARK & RECREATION POLICY AT RES & RCC*

No Day of Registrations

Please make sure your child’s dismissal plan is updated on the School Dismissal Manager for each class your child is registered for.

Please Note: If your child is signed up for back to back classes it is YOUR responsibility to escort your child to the second class. Park and Recreation staff will not be available to do so.

www.townofreddingct.org
(203) 938-2551
December FUN days

Join Michelle Waring and her staff at the RCC for some December Fun! Each Fun Day is designed for each specific age group. Pizza and drinks are included in each event. Please sign up in advance. There are no “day of” registration for December Fun Days. The cost for each section is $15.00.

Activity #: 12001-1
Grades: K-1
Tuesday, December 28 1-3pm

We will have an afternoon of fun! Indoor gaga, scatter ball, tag games and pizza and drinks!

Activity #: 12001-2
Grades 2-4
Wednesday, December 29
10:00am -12:30pm

Join us for a morning of fun! Indoor gaga, 4 square, 9 square in the air, dodgeball and pizza and drinks!

Activity #: 12001-3
Grades 5-8
Wednesday, December 29
2:00-4:30pm

Join us for an afternoon of fun playing indoor gaga, 4 square, 9 square in the air, dodgeball and pizza and drinks!

Chess

All levels
Children are taught the basic rules and strategies of the exciting world of scholastic chess. No prior chess knowledge is needed here. Children will also be introduced to basic chess notation. All equipment will be provided. James Santorelli is your instructor. Location: RES Teachers lounge

Activity No: 32127-1
Dates: 1/20/22-3/10/22
Time: 2:45-3:45pm
8 classes

The Wizards School of Magic Workshop #1 – Presto Magic

Students will learn four magic tricks from Tom O’Brien, a full-time professional magician, whose credits also include appearances on the Fox 61 Morning Show and WFSB’s Better Connecticut. Tom O’Brien is a master at his craft and is a wonderful and entertaining teacher as well. All students will receive their own magic kits containing the props necessary to perform them at home, and a magic wand! Please register soon before the spaces – alakazaam – disappear!

Activity: 33500-1
Date: 3/31/22
Time: 3:00-4:00pm
Grades: 1 – 4
Location: RCC Art Room

Day: Thursday
Fee: $20.00

Football Fun

Pigskin mania! Join the Park and Recreation staff for some great football variations. From flag football to Frisbee football, to any crazy variation our instructor comes up with! Location: RCC gym

Session 1
Activity No: 32110-1
Dates: 1/12/22-2/16/22
Time: 3:00-4:00pm
Grades: 2-4
6 classes

Fee: $66.00

Activity No: 32110-2
Dates: 1/12/22-2/16/22
Time: 4:00-5:00pm
Grades: 5-8
6 classes

Fee: $66.00

Session 2
Activity No: 32110-3
Dates: 2/23/22-3/30/22
Time: 3:00-4:00pm
Grades: 2-4
6 classes

Fee: $66.00

Activity No: 32110-4
Dates: 2/23/22-3/30/22
Time: 4:00-5:00pm
Grades: 5-8
6 classes

Fee: $66.00
Junior Chef Saturday Series

Each of our Saturday Series Junior Chefs will have a chance to create an entire meal to enjoy for a midday feast, as well as a luscious dessert to take home for the family table. Junior Chefs will learn about food safety issues as well as attractive displays of their creations. All recipes will go home with the children. Children who love to eat and help create treats for themselves and their families are welcome! Session 1 (Jan. 22) is not appropriate for children with significant food allergies or sensitivities.

Activity: 32107-1
Date: 1/22/22
Time: 12:00-5:00pm
Grades: 3 and up
Location: RCC Multipurpose Room/kitchen

Activity: 32107-2
NUT FREE
Date: 2/26/22
Time: 12:00-5:00pm
Grades: 3 and up
Location: RCC Multipurpose Room/kitchen

Youth Golf—Golf Quest

Join the professionals at Golf Quest this fall. These classes are perfect for the beginner or for those looking to improve certain elements of their game. You may bring your own clubs or we will supply them. Three classes in each session feature irons, woods and "the short game." Location: Class meets at Golf Quest at 1 Sand Cut Rd. in Brookfield. Open to ages 9-15. Fee: $145.00. Time: 4:30 - 5:30PM

Activity No: 32132-1
Dates: 1/3/22-1/24/22
Activity No: 32132-2
Dates: 2/2/22-2/23/22
Activity No: 32132-3
Dates: 3/3/22-3/24/22
Activity No: 32132-4
Dates: 4/6/22-4/27/22

The Joy of Art

This popular art class gives students the freedom to discover their creativity through charcoal, pastel, watercolor, and acrylic. As they work at their own pace, they will learn the skills necessary to express themselves through their art. Along with basic drawing instruction, students will learn to master all of the different mediums ~ building self-esteem as they do! ALL materials are supplied. Laura McCormick is your instructor. Laura has a BA in Graphic Design, does portrait commissions and teaches all ages the love of art.

Activity No: 32218-4
Dates: 2/22/22-3/29/22
Time: 3:00-4:00pm
Grades: 3-4
Location: RCC Multi Purpose Room

Activity No: 32218-5
Dates: 2/22/22-3/29/22
Time: 4:00-5:00pm
Grades: 5-8
Location: RCC Multi Purpose Room

Basketball Classes

Children will learn the basic skills needed in basketball in this non-competitive atmosphere. Developmentally appropriate skills will be taught.

Location: RCC Gym

Activity No: 32109-1
Dates: 1/11/22-2/22/22
Time: 3:00-4:00pm
Grades: 3-4
No Class: 1/18

Activity No: 32109-2
Dates: 1/11/22-2/22/22
Time: 4:00-4:45pm
Grades: 1-2
No Class: 1/18

Activity No: 32109-3
Dates: 3/1/22-4/5/22
Time: 3:00-3:45pm
Grades: 1-2

Activity No: 32109-4
Dates: 3/1/22-4/5/22
Time: 4:00-5:00pm
Grades: 3-4

www.townofreddingct.org 11  (203) 938-2551
Paint Draw & More!

Paint Draw & More! Is here with over 25 years of teaching children art! We are proud to look back at our many years of success as pioneers in children’s drawing classes. Our classes are fun, engaging and each project is developed with your child in mind. We teach young artists how to build an image vocabulary, and develop problem-solving skills through the medium of art. PDM uses high quality supplies which are included in the class fee.

Instructor: Susan Jackson

Activity No: 32201-1       6 classes
Dates: 1/6/22-2/10/22       Thursday
Time: 3:00-4:00pm
Ages: 5-8                   Fee: $114.00
Location: RCC Multi Purpose Room

Activity No: 32201-3       6 classes
Dates: 3/3/22-4/7/22       Thursday
Time: 3:00-4:00pm
Ages: 5-8                   Fee: $114.00
Location: RCC Multi Purpose Room

Wonderful World of Weaving

Color! Texture! Pattern! Go! In this class we will use rigid heddle looms to learn basic weaving patterns. The class will build toward making mug rugs, bags, scarves, or hanging works of art. Students will receive their own loom to use in the classroom. We will explore loom use, technique, yarns, patterns and some weaving history.

Instructor: Susan Jackson

Activity No: 32201-2       6 classes
Dates: 1/6/22-2/10/22       Thursday
Time: 4:00-5:00pm
Ages: 7-13                   Fee: $114.00
Location: RCC Multi Purpose Room

Activity No: 32201-4       6 classes
Dates: 3/3/22-4/7/22       Thursday
Time: 4:00-5:00pm
Ages: 7-13                   Fee: $114.00
Location: RCC Multi Purpose Room

Karate

Kempo Karate originates from the Shaolin Temple; this style of karate teaches basic blocks, strikes, forms, combinations, and self-defense techniques. This is a wonderful way to help your child with confidence, discipline, and balance. The instructor is Redding’s own June Fagan, who has studied karate for over 40 years and is a 5th degree black belt.

Beginner
Activity No: 32117-1       6 classes
Dates: 1/10/22-2/28/22       Monday
Grades: 1-4
Time: 3:00-4:00pm
Location: RCC Gym
No Class: 1/17, 2/21

Activity No: 32117-3       5 classes
Dates: 3/7/22-4/4/22       Monday
Grades: 1-4
Time: 3:00-4:00pm
Fee: $75.00
Location: RCC Gym

Orange Belt or Higher AND All levels MS/HS

Activity No: 32117-2       6 classes
Dates: 1/10/22-2/28/22       Monday
Grades: 1-12
Time: 4:00-5:00pm
Fee: $90.00
Location: RCC Gym
No class: 1/17, 2/21

Activity No: 32117-4       5 classes
Dates: 3/7/22-4/4/22       Monday
Grades: 1-12
Time: 4:00-5:00pm
Fee: $75.00
Location: RCC Gym

Qi Gong and Tai Chi for Children

Children will learn the Beginners Yang Form. This program balances students’ energy. Great for stress, anxiety, focus and breathing. Children will also learn a Tai Chi Fan form and Tai Chi sword form. The instructor is Redding’s own June Fagan, who has studied karate for over 40 years and is a 5th degree black belt.

Activity No: 32117-5       6 classes
Dates: 1/25/22-3/1/22       Tuesday
Grades: 1-4
Time: 2:45-3:45pm
Fee: $90.00
Location: RES Little Gym
Activity No: 32117-6 5 classes
Dates: 3/8/22-4/5/22
Grades: 1-4
Time: 2:45-3:45pm Fee: $75.00
Location: RES Little Gym

High School & Middle School Programs

Teen Ski Club

Our popular ski club is back Special registration forms are available at the Park & Recreation Department and online: townoreddingct.org.
PARENTS MUST SIGN PERMISSION SLIP & THE SPECIAL REGISTRATION FORM. Participants must sign-up by the Wednesday before the trip. You cannot register over the phone. The bus leaves from JRMS at 3:45pm. All trips will be via coach bus. Open to all in grades 5-12. The fee for transportation and lift ticket is $70.00. Other fees are listed on the flyer.

Date: 1/28/22 Mohawk
Date: 2/4/22 Mohawk

December FUN days

Join Michelle Waring and her staff at the RCC for some December Fun! Join us for an afternoon of indoor gaga, 4 square, 9 square in the air, dodgeball and pizza and drinks! Pizza and drinks are included in each event. Please sign up in advance.
There are no “day of” registration for December Fun Days. The cost for each section is $15.00.

Activity #: 12001-3
Grades 5-8
Wednesday, December 29
2:00-4:30pm

Karate - All levels MS/HS

Activity No: 32117-2 6 classes
Dates: 1/10/22-2/28/22
Grades: 1-12
Time: 4:00-5:00pm Fee: $90.00
Location: RCC Gym
No class: 1/17, 2/21

Activity No: 32117-4 5 classes
Dates: 3/7/22-4/4/22
Grades: 1-12
Time: 4:00-5:00pm Fee: $75.00
Location: RCC Gym

Wonderful World of Weaving

In this class we will use rigid heddle looms to learn basic weaving patterns. The class will build toward making mug rugs, bags, scarves, or hanging works of art. Students will receive their own loom to use in the classroom. Open to students ages 7-13
Instructor: Susan Jackson

Activity No: 32201-2 6 classes
Dates: 1/6/22-2/10/22
Time: 4:00-5:00pm Fee: $114.00
Location: RCC Multi Purpose Room

Activity No: 32201-4 6 classes
Dates: 3/3/22-4/7/22
Time: 4:00-5:00pm Fee: $114.00
Location: RCC Multi Purpose Room

The Joy of Art

Along with basic drawing instruction, students will learn to master all of the different mediums ~ building self-esteem as they do! ALL materials are supplied. Laura McCormick is your instructor.
Laura has a BA in Graphic Design, does portrait commissions and teaches all ages the love of art.

Activity No: 32218-5 6 classes
Dates: 2/22/22-3/29/22
Time: 4:00-5:00pm Fee: $96
Grades: 5-8
Location: RCC Multi Purpose Room

MS Football

Touch football with Mark Kilburn and staff. You can take the bus from JRMS! Open to students in grades 5-8. Take the bus from JRMS! Location: RCC gym

Session 1
Activity No: 32110-2 6 classes
Dates: 1/12/22-2/16/22
Time: 4:00-5:00pm Fee: $66.00

Session 2
Activity No: 32110-4 6 classes
Dates: 2/23/22-3/30/22
Time: 4:00-5:00pm Fee: $66.00

www.townofreddingct.org (203) 938-2551
Seasonal Ice Rink at the RCC North Parking Lot

We hope we can open the ice rink this season in mid January 2022. The construction of our new the Pavilion requires use of the adjacent parking lot which is the only appropriate level area we have.

The Seasonal Ice Rink is located at the Redding Community Center Parking lot (to the right as you pull into the RCC). The ice rink is provided for the enjoyment of Redding residents and their guests.

It is very important that people stay off of it until it is officially open as the liner underneath can get cut by a skate blade. We will announce when the rink is open for this season initially with a Park and Recreation email blast and a Town of Redding Facebook post.

**Designated “Sticks and Puck” times:**
Saturdays and Sundays 9:00-11:00am

**Hours** - The rink will be open “dawn until dusk”

**Ice Skating Rules**
- Skating only is allowed during designated time when posted OPEN FOR USE
- Skating permitted dawn until dusk
- Supervision not provided - Children 12 and under must be accompanied by someone 16 years or older.
- Be aware of others. Please skate respectfully and at a speed that takes into account varied abilities
- Slower skaters or stopped skaters should stay towards the center.
- Sticks and pucks are only permitted at designated times.

**Skate at your own risk.**
- The Town of Redding will not be held liable for any reason. Skaters skate at their own risk.
- Ice skating can be dangerous. Do not skate alone. Helmets are strongly recommended for all especially children and beginners.
- Be aware of changing ice conditions. It will vary on any given day or any part of the ice surface.

**Sticks And Pucks** are only permitted in designated posted times.
- No full size nets permitted.
- Milk crate height goals are permitted to keep the shots low to the ice.
- Varied age groups may be using the surface during sticks and pucks time. Please play cross rink when necessary to allow maximum use for all residents.
- Protective hockey equipment recommended (minimally hockey gloves and helmets with a face shield.)
- No checking

**For your safety and enjoyment**
Skates must be worn on the ice surface.
No skating aids (chairs, milk crates etc...) permitted on ice.
No food or beverage permitted on the ice surface.
No dogs on the ice surface.
No smoking, drugs or alcohol permitted (including parking areas adjacent to the rink.)
Inappropriate language or behavior will not be tolerated.

**Sign up for the Park and Recreation email blast to be notified about the seasonal opening date!**
Class Registration Form - Redding Park and Recreation

Please be sure to fill out this form completely to assure proper registration. Please note any changes such as new address, email address, or phone numbers. Make checks payable to: "Town of Redding". Our mailing address: PO Box 1071 Redding, CT 06875. You may fax this form to 938-1071. Additional Park and Recreation forms can be accessed at www.townofreddingct.org. Email information will not be shared other than an estimate twice per month email blast. You may opt out of at anytime.

Is there any special information that you would like to share that would enable us to serve your child better?

☐ No  ☐ Yes* The appropriate person from the department will call you or you may attach a note to this form.

NAME or HOUSEHOLD NAME (often different from child’s) ____________________________________________________________

ADDRESS ____________________________________________________________ TOWN & ZIP ____________________________

Email Addresses ____________________________________________________________

HOME PHONE __________________ WORK PHONE __________ Ext. ______ Cell ______

PARTICIPANT’S NAME ___________________ SCHOOL TEACHER ___________________ SEX _____ GRADE ______ Birth Date ______

CLASS TITLE ___________________ ACTIVITY # ___________ DAY & TIME _______ COST ____________

CLASS TITLE ___________________ ACTIVITY # ___________ DAY & TIME _______ COST ____________

CLASS TITLE ___________________ ACTIVITY # ___________ DAY & TIME _______ COST ____________

PARTICIPANT’S NAME ___________________ SCHOOL TEACHER ___________________ SEX _____ GRADE ______ Birth Date ______

CLASS TITLE ___________________ ACTIVITY # ___________ DAY & TIME _______ COST ____________

CLASS TITLE ___________________ ACTIVITY # ___________ DAY & TIME _______ COST ____________

List all additional names for TRIPS, SPECIAL EVENTS,__________________________________________________________

GRAND TOTAL: $ _______________________

I understand that I need to update dismissal manager each day my child attends a class immediately after school at RES or the RCC. I also should call the Park and Recreation office if my child won’t be attending their 3:00 pm class. I understand that the Town of Redding has no accident insurance and that any costs incurred due to an injury to myself or the student’s name listed above while participating in the activities listed on this form are my responsibility. I release and hold the town harmless from any injuries incurred in town recreational activities. I understand photos may be used by the department for promotional materials or advertising unless I notify the department in writing. I have read the refund policy from the brochure. NO REFUNDS WILL BE MADE ONCE CLASSES HAVE STARTED.

SIGNATURE ______________________ DATE ______________________

I authorized the use of this credit card for the above payments. (Circle one ) Mastercard Visa AMEX Discover

Credit Card Number __________________________ Expiration Date _______ CVV Code _______